

grab n' go desserts

GF - GLUTEN-FREE | VGT - VEGETARIAN | VG- VEGAN

specialty desserts

almond anise biscotti

organic unbleached flour, evaporated cane juice, baking powder, salt, eggs, butter, almond extract, vanilla, anise seeds

apple galette

organic apples, unbleached flour, butter, cinnamon, cream cheese, baking powder, salt, lemon juice, apple cider vinegar

bread pudding

organic bread, milk, cream, eggs, cane sugar, raisins, butter and cinammon

carrot cake slice

organic unbleached flour, cinnamon, baking powder, baking soda, eggs, salt, canola oil, evaporated cane juice, brown sugar, pineapple, vanilla, carrots, walnuts, raisins, cream cheese, lemon

chia seed pudding

organic coconut milk, organic black chia seeds, organic maple syrup and vanilla extract

chia seed chocolate pudding

organic coconut milk, organic black chia seeds, organic maple syrup, vanilla extract and cacao powder

chocolate cake slice

organic spelt flour, cocoa, salt, baking powder, baking soda, canola oil, maple syrup, vanilla, apple cider vinegar, tofu, fructose, earth balance spread

chocolate dipped macaroons

organic vanilla, coconut, evaporated cane juice, salt, almond extract, egg whites, butter, bittersweet chocolate

chocolate peanut butter bar

organic peanut butter, chocolate chips, powdered sugar, graham crackers, earth balance spread

chocolate pudding

organic milk, evaporated cane juice, corn starch, cocoa, salt, maple syrup, heavy cream, chocolate chips

coconut cake slice

organic unbleached flour, coconut flakes, coconut milk, canola oil, coconut, evap. cane juice, earth balance, powdered sugar

coconut cashew chia balls

organic dates, coconut, chia seeds, cashews and salt

coconut cranberry pecan ball

organic maple syrup, almond butter, coconut, pecans, dried cranberries

coconut pudding

organic milk, evaporated cane juice, corn starch, coconut, vanilla, pumpkin powder, heavy cream, maple syrup

double chocolate biscotti

organic unbleached flour, evaporated cane juice, cocoa powder, butter, eggs, baking soda, salt, vanilla, bittersweet chocolate and cinnamon

gluten-free chocolate cupcakes

organic cane sugar, eggs, butter, milk, gluten0free flour, cacao, baking powder, baking soda, salt, safflower oil, vanilla, powdered sugar and espresso powder

lemon bar

organic unbleached flour, butter, powdered sugar, eggs, lemon juice/zestcane sugar and salt

macaroons

organic salt, coconut, evaporated cane juice, egg whites, almond extract, butter, vanilla

organic chocolate chip cheesecake

organic cream cheese, sour cream, cane sugar, eggs, vanilla, butter, chocolate chips, cornstarch, gluten-free kinnitoons chocolate sandwich cream cookies and lemon

organic new york cheesecake

organic cream cheese, sour creeam, cane sugar, eggs, vanilla, butter, lemon juice/zest, gluten-free graham crackers, cornstarch

pumpkin cheesecake

organic cream cheese, pumpkin, sur cream, cane sugar, maple syrup, gluten-free gingersnaps, pecans, butter, cinammon, ginger, cloves, cornstarch and nutmeg

pure energy seeded nut & oat bar

organic rolled oats, almonds, pumpkin seeds, golden raisins, currants, dried cherries, raw honey, cinnamon (vegetarian)

raw organic brownie

dates, walnuts, salt, almonds, cacao powder, cacao nibs and vanilla

raw organic hemp seed bar

hemp seeds, sunflower seeds, pumpkin seeds, flax seeds and dates

tiramisu

organic eggs, organic cane sugar, vanilla, organic unbleached flour, salt, organic confectioners sugar, marscapone, rum, organic cream, organic espresso, bittersweet chocolate, cacao powder

white chocolate cranberry pecan biscotti

organic butter, evaporated cane juice, eggs, unbleached flour, baking powder, salt, pecans, cranberries, white chocolate, vanilla

yogurt parfait

organic low-fat plain yogurt, assorted organic fruit, assorted organic granola

